



## WEST VANCOUVER TRACK & FIELD CLUB

The Hallowe'en Howl Community Cross-Country Meet, hosted by the West Vancouver Track & Field Club, is back again! Register **NOW** for an afternoon of spooky and fantastic fun! Space is limited!

**WHEN:** October 20, 2016 (rain or shine)

**WHO:** Grades 3-7

**WHERE:** Ambleside Park, across from concession stand

**DISTANCES:** Grade 3 (800m), Grades 4-7 (1,800m)

**REGISTRATION: \$2**

4:30pm: Check-in & race tag pick-up

5:00pm: Hallowe'en Howl Community Cross-Country Meet begins

Pre-registration is required. Send your child's full name, grade, and gender to [entries@westvantrack.com](mailto:entries@westvantrack.com) by October 19, 2016.

[www.westvantrack.com](http://www.westvantrack.com)

This event is made possible  
with generous support from:



WEST VANCOUVER  
COMMUNITY FOUNDATION